

HMSA's Online Care

No time to make a doctor's appointment?
With HMSA's Online Care[®], you can:



See doctors 24/7
from your mobile
device or computer.



Have affordable
doctor visits.
No appointment
needed.



Have secure,
confidential
conversations.



Share health
information from
Apple's Health app
with the doctor.



Have prescriptions
sent directly to
your pharmacy.

Use Online Care from the comfort and privacy of
your home, office, or anywhere you can go online.

AmericanWell[®] is an independent company providing hosting and software services for HMSA's Online Care platform on behalf of HMSA.



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Sign up for HMSA's Online Care

From a mobile device:



- Search for HMSA Online Care in the Apple or Android app store.
- Download and open the app. It's FREE!
- Click Sign Up and enter your information as it appears on your HMSA membership card.
- Enter your email address and create a password.
- Select your health plan, enter your subscriber ID, and click Continue.



From a computer:

- Go to hmsaonlinecare.com.
- Enter your information as it appears on your HMSA membership card and click Sign Up.

Log on to HMSA's Online Care with the email and password you used when you signed up.

Need help? Call us at 1 (866) 939-6013 toll-free or go to hmsa.com/well-being/online-care.

You must be in Hawaii to use HMSA's Online Care.

