

# Take Charge of Your Future!

# NOW



## Advance Health Care Directives 101

If the unexpected happens, who would speak for you?

You may have heard about Advance Health Care Directives, but may not know where to begin. Advance Health Care Planning is now a benefit for all EUTF members.

In this basic, information-packed 45 minute session led by Kokua Mau you'll learn why it is important for every adult to have an Advance Health Care Directive.



**KŌKUA MAU**  
*Continuous Care*  
A Movement to Improve Care

[kokuamau.org](http://kokuamau.org)

**To schedule a presentation  
for your worksite call  
Kokua Mau at 585-9977**

