




# Want to move more for less?



## Have you heard the good news?

HMSA members can now use the Active&Fit Direct™ program to go to fitness centers at rates below market prices.

## Getting started is as easy as 1-2-3:

-  1. Log in to My Account on [hmsa.com](https://hmsa.com) to find your discount.
-  2. Enroll with the Active&Fit Direct program.
-  3. Choose the fitness center you want to go to.

Want to see other health and well-being discounts that benefit you, your family, and your community? Go to [hmsa.com](https://hmsa.com) to learn more.

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