

Want to move more for less?



Have you heard the good news?

HMSA members can now use the Active&Fit Direct™ program to go to fitness centers at rates below market prices.

Getting started is as easy as 1-2-3:



1. Log in to My Account on hmsa.com to find your discount.



2. Enroll with the Active&Fit Direct program.



3. Choose the fitness center you want to go to.

Want to see other health and well-being discounts that benefit you, your family, and your community? Go to hmsa.com to learn more.

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