Healthy Smiles All Year Long

Take advantage of your dental benefits! Two exams and cleanings are covered per calendar year at 100%.

Maintaining good oral health is a foundation for overall wellness. Regular visits to the dentist for checkups and preventive care are fundamental to making your smile last and preventing tooth decay and gum disease.

See your dentist right away if:
- Gums bleed often or appear red and swollen
- Teeth are loose or separating
- You see red or white patches on gums, tongue, lips or elsewhere in your mouth
- Mouth or jaw pain persists
- Mouth sores don’t heal in two weeks
- You have problems chewing

Visit HawaiiDentalService.com to access your HDS account, view benefits and access oral health information.