

KEEP YOUR GUARD UP DURING FLU SEASON

Flu prevention hasn't changed in the year of COVID-19. According to the Centers for Disease Control and Prevention, the flu shot is recommended for those who are 6 months and older as the first and most important step in flu prevention. Flu season usually starts in October, peaks in December, and can last through the following May.



Go to one of these pharmacies or call your doctor to get a flu shot at no cost.

Hawaii Island

Costco

Foodland

All locations

KTA Superstores

All locations

Longs Drugs

All locations
including Target

Safeway

All locations

Shiigi Drug

Walgreens

All locations

Walmart

All locations

Pharmacy list updated September 2020



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