

KEEP YOUR GUARD UP DURING FLU SEASON

Flu prevention hasn't changed in the year of COVID-19. According to the Centers for Disease Control and Prevention, the flu shot is recommended for those who are 6 months and older as the first and most important step in flu prevention. Flu season usually starts in October, peaks in December, and can last through the following May.



Go to one of these pharmacies or call your doctor to get a flu shot at no cost.

Kauai

Costco

Foodland

Locations with a pharmacy

Lihue Clinic Pharmacy

Lihue Pharmacy

Lihue Professional Pharmacy

Longs Drugs

All locations

Safeway

All locations

Walmart

All locations

Westside Pharmacy

Pharmacy list updated September 2020



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