



Hawaii Employer-Union Health Benefits Trust Fund Worksite Wellness Programs

The worksite is a great place to promote health & wellness!

Employer resources including this summary go to the [EUTF employer resource web page](#)

2022

WORKSITE WELLNESS PROGRAMS

SEASONAL FLU and COVID 19 VACCINATION CLINICS

Starting in September seasonal flu shot clinics are available onsite at no cost provided by Kaiser Permanente to all employees regardless of medical plan affiliation. COVID-19 vaccination clinics may be available onsite please contact Mr. Lloyd Kishi at Kaiser Permanente Lloyd.kishi@kp.org [Other organizations](#) that coordinate onsite flu clinics for employers.

BIOMETRIC SCREENING PROGRAM

On-site biometric screenings are provided at no cost for HMSA and Kaiser Permanente members. The 15-minute screen includes: blood pressure measurement, Total and HDL/LDL cholesterol levels, triglycerides, glucose (blood sugar) test, height/weight, body mass index and waist circumference measurements. Allow at least 45 days for coordination. To learn more, go to the [employer resource page](#) or contact EUTF linda.l.green@hawaii.gov

LIVE AND RECORDED WEBINARS AND WELLNESS CHALLENGES

[Health education webinars](#) are offered live every month. [Wellness challenges](#) are offered quarterly. Webinars are recorded and available on-demand for employees not working traditional lunchtime hours. These activities are open to all employees regardless of medical plan affiliation. Monthly announcements are emailed to HROs for employee distribution.

EUTF VIRTUAL WELLNESS FAIR

The [virtual wellness fair](#) was developed to increase awareness of EUTF health plan benefits and to provide wellness resources. We encourage members to visit the site and engage in a game of BINGO for a chance to win quarterly prizes while enhancing knowledge of health plan benefits and resources.

BLUE ZONES PROJECT WORKSITE RECOGNITION PROGRAM

Looking to learn how your worksite can thrive by implementing Blue Zones healthy strategies? [Read about the value and benefits of creating a Blue Zones work place.](#) If you would like to learn how to transform your workplace to a healthier and happier worksite schedule a presentation with Mr. Cyrus Howe at the Blue Zones Project cyrus.howe@sharecare.com

COVID 19 PREVENTION MEASURES

Employers will be required to commit to supporting certain COVID prevention measures as a condition of hosting an event at their worksite. The responsibilities may change and vary by location and current situation. Responsibilities for the employer will be provided by the health plan during the planning process.

HAWAII EMPLOYER-UNION HEALTH BENEFITS TRUST FUND
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