

# EUTF 2023 Worksite Wellness Program

## Kaiser Permanente Biometric Screening



Questions about this program contact EUTF

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Program Component: Kaiser Permanente (KP) onsite biometrics program

Requirements: Minimum number of participants for this program is 30

participants. Screening program:

- The biometric screening is provided to KP enrolled members at no cost.
- The confidential screening takes approximately 20 minutes.
- The biometric screen includes: total cholesterol, HDL, glucose, blood pressure, height, weight, body fat percentage and BMI. The measurements taken will be added to the members' medical file.
- A finger stick is used to obtain the cholesterol and glucose readings.
- No fasting is required.
- A six week lead time is needed to schedule a biometric screening.

Process:

- EUTF coordinates the initial planning of the program with the employer and KP.
- The KP coordinator will contact the employer to secure the location, date(s) and time(s) for the screening and answer any questions the employer has about the program.
- KP members will sign-up for the screening program using the KP online scheduler. A promotional flyer is provided to the employer including the online appointment link.
- Appointment times may be arranged by KP based on the number of employees who sign-up.
- The online form will ask members to provide their first and last name, gender, member number and a phone number where the employee can be reached if they don't show up for their appointment.
- KP will close the online sign-up 2 weeks prior to the screening event.
- KP to provide the onsite coordinator with the most current COVID-19 requirement protocols at the time of booking the event.

Day of the event:

- The KP team will arrive up to 60 minutes prior to the first appointment.
- KP will bring all the supplies and equipment needed for the screening program.
- KP will provide personnel to register and triage employees to the nurse screener.
- Employer provides one or more onsite representative for duration of event who is responsible for monitoring and enforcing precautionary measures, such as social distancing, face coverings, etc.
- Employer informs employees that if they are sick (cough or fever) or otherwise exhibit COVID symptoms they may not attend the screening.

### Employer space and equipment requirement and logistics:

- A private area where there will be no traffic going in and out of screening area.
- A minimum of 3 tables and 2 chairs are needed at each screening location. Additional tables and chairs may be requested based on how many employee's sign-up.
- Power outlets are required for the clinic equipment.
- Employer to provide information on where clinical staff can unload equipment and provide parking or recommendation for parking.
- Employer provides an event site with enough space for 6-foot separation between participants and clinic staff:
  - In registration lines
  - in waiting areas
  - at nurse vaccination tables, including seating
- Employer installs 6-foot separation markers on floor in registration line.
- Employer informs employees that they must bring and wear their own face coverings for duration of event, or employer supplies them (KP will not provide face coverings).

### Scheduling a Biometric screening:

Contact Lloyd Kishi at [lloyd.kishi@kp.org](mailto:lloyd.kishi@kp.org) to schedule your screening or to answer any questions about the screening.