

Is It Time for Your Annual Eye Exam?

Your eye doctor is a key part of your healthcare team. It's important to see a VSP network doctor every year for an eye exam. Your next eye exam could help you see your best and detect early signs of underlying health conditions.



Eye Care Is Healthcare

Be proactive with your health.

Schedule your annual eye exam today!



Get the Care You Need to Stay Healthy

Make your appointment with a VSP® network doctor today. Find one near you at vsp.com/eye-doctor.

Using your benefits in-network is easy! Just let your provider know you have VSP when you schedule your appointment—we'll take it from there. There are no claims forms to complete when you visit a VSP network doctor.

See Well. Be Well.®

A WellVision Exam® is more than a quick eye check. **For only a \$10 copay, VSP network doctors provide an updated prescription for eyeglasses or contact lenses and get a better view of your overall health.** Health and eye conditions like high blood pressure, glaucoma, macular degeneration, and diabetic eye disease can be detected and are much easier to treat when caught early.

For more information, scan here:



Keep Your Eyes Protected from Digital Eye Strain

Digital screens and fluorescent lighting emit **blue light** that can contribute to headaches, blurred vision, sore eyes—all possible symptoms of digital eye strain. Shield your eyes from the sun's ultraviolet rays that can damage your corneas and cause eye-related diseases like cataracts with fully covered **UV protection** on your eyewear.

Savings Never Looked So Good

Get access to more than \$3,000 in savings with Exclusive Member Extras from VSP. Special offers are available at all VSP network doctor locations!

Discover more at vsp.com/offers.

Find an in-network provider at vsp.com or call 866.240.8420.