

Cancer screenings save men's lives.

Colorectal cancer is the second-leading cause of cancer deaths in men. Most of those deaths could have been prevented with early detection.



[Schedule your screening today.](#)

If you're a man in Hawaii and are 45 years or older or have a family history of colon cancer, talk to your primary care provider about the screening method that's best for you.

Cancer screening checklist:

- ☐ Talk to your PCP about the right time to get a screening.
- ☐ Talk to friends and family about colon cancer screenings. (Tip: Screenings are much easier than they were 10 years ago!)
- ☐ Make an appointment to get screened.

Need a doctor? Use Find a Doctor at hmsa.com/eutf. Or call us at (808) 948-6499 or 1 (800) 776-4672.

Don't wait until it's too late.

Learn more about **preventive care services**.



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