

State, city, and county workers **TAKE THE CALL**

MEET YOUR TEAM



Managing your health on your own can be complicated. But EUTF members have a support team.

With HMSA Health and Well-being Support, you get:

- Access to a team of nurses, dietitians, health coaches, and Certified Diabetes Care and Education Specialists.
- Support, information, and care coordination tailored to your conditions and medications.

HMSA's care team identifies members who will benefit most and calls them. So, if we reach out, **take the call!**

If you think you could benefit from HMSA Health and Well-being Support, call **1 (855) 329-5461, option 1**, Monday through Friday, 8 a.m. to 5 p.m.



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