

State, city, and county workers and retirees

TAKE THE CALL

MEET YOUR TEAM



Managing your health on your own can be complicated. But EUTF members have a support team.

With **HMSA Health and Well-being Support**, you get:

- Access to a team of nurses, dietitians, health coaches, and certified diabetes care and education specialists.
- Support, information, and care coordination tailored to your conditions and medications.

HMSA's care team identifies members who will benefit most from the support and calls them. So, if we reach out, **take the call!**

If you think HMSA Health and Well-being Support could help you improve your health, call **1 (855) 329-5461, option 1**, Monday through Friday, 8 a.m. to 5 p.m. Or scan the QR code below for more resources.



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