



DELTA DENTAL

HDS
Hawaii Dental Service



WOULD YOU RATHER HAVE... **THIS** or **THAT**

A healthy smile starts from the moment a child's first tooth emerges. Are you and your ohana taking the steps towards healthy smiles together?



A diet high in sugar coupled with no visits to the dentist is a recipe for cavities! While cavities can happen often, treating it with a filling can mean missing an hour of school and work.

Take your baby to the dentist by his or her first birthday to ensure healthy development of teeth and gums. Introduce a daily routine brushing twice and flossing at an early age.



VS

Avoiding the dentist means more time in his or her chair to treat painful toothaches due to severe tooth decay and damage.



Ask your dentist about sealants for your little one. Sealants are a protective coating applied to the back teeth to prevent cavities.

Brush for two minutes twice a day, **floss** daily, **see your dentist** twice a year.



That's right! Those three habits will save you stress, money and pain in the long run. **Your child or dependent can visit the dentist for an exam and cleanings twice per year. These are all 100% covered.** Make the right choice for a brighter, healthier smile and schedule a visit with your dentist today.

Have you reached your annual plan maximum?

Your HDS dental plan has a plan maximum of \$2,000. Your plan maximum is the total amount that HDS will pay for your dental services during a specified period. If you are seeing an HDS participating dentist and have reached your plan maximum, your dentist is required to bill you a special lower fee for those uncovered services *instead* of his or her full retail fees. That way, HDS helps to lower the out-of-pocket costs for you to get the treatment you need.

Contact us.

From Oahu: (808) 529-9310 or Toll-free at 1-866-702-3883
Monday through Friday, 7:30 a.m. to 6 p.m.

Access your account and find a dentist online at HawaiiDentalService.com/EUTF.