



HDS
Hawaii Dental Service



WOULD YOU RATHER HAVE... **THIS** or **THAT**

Would you rather ignore a problem for months or years OR prevent it with a consistent routine? The choice to have good oral health is in your hands.



A cavity filling and missing an hour of work.

This crown does not come with the royal treatment.



Avoiding the dentist for years means more time in his or her chair to treat painful toothaches due to severe tooth decay and damage.

The worst case scenario - a tooth extraction, can result in out-of-pocket fees and time off work OR living with a missing tooth.



VS

Brush for two minutes twice a day, **floss** daily, **see your dentist** twice a year.

That's right! These three habits will save you stress, money and pain in the long run. Dentists not only clean your teeth but can proactively treat or give you guidance on how to avoid expensive dental emergencies, long appointments, pain and resorting to self-treatment. Your dentist will also help care for your teeth if you have underlying health issues that affect your oral health. Make the right choice for a brighter, healthier smile and schedule a visit with your dentist today.

Have you reached your annual plan maximum?

Your HDS dental plan has a plan maximum of \$2,000. Your plan maximum is the total amount that HDS will pay for your dental services during a specified period. If you are seeing an HDS participating dentist and have reached your plan maximum, your dentist is required to bill you a special lower fee for those uncovered services *instead* of his or her full retail fees. That way, HDS helps to lower the out-of-pocket costs for you to get the treatment you need.

Contact us.

From Oahu: (808) 529-9310 or Toll-free at 1-866-702-3883
Monday through Friday, 7:30 a.m. to 6 p.m.

Access your account and find a dentist online at HawaiiDentalService.com/EUTF.