Going outside can be an opportunity for carefree fun. Safety concerns aren’t usually top of mind, but they should be. In this workshop, we explore things to consider before your next adventure, from sun and water safety to tips on protecting your family during outdoor activities. We also discuss skin cancer screenings, heat illnesses, and more.

Choose a session and register today!

**Date & Time**

**Wednesday**  
July 13, 2022  
Noon - 12:45 PM

**Date & Time**

**Thursday**  
July 28, 2022  
11:30 AM - 12:15 PM

**Speaker**

Pete Clines  
Health & Well-Being Educator

Can't attend this live webinar?  
**Click here to watch recorded webinars at your convenience.**  
Recordings will be available within 5 business days from the first webinar date.

**Additional information for City and County of Honolulu employees:** The information provided in this flyer is from the EUTF. City computers may be used to participate in EUTF webinars. Participation is voluntary and is to be done on the employee’s own time.

Questions?  
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