

# Eye Care Is Healthcare



# SEE WELL. BE WELL.®

A WellVision Exam® is more than a quick eye check. For only a **\$10 copay**, VSP® network doctors get a better view of your overall health. They look for signs of health conditions, like high blood pressure and diabetes, and eye health problems, such as glaucoma, macular degeneration, and diabetic eye disease.

## Protect your eyes outdoors and in.

- Shield your eyes from the sun's ultraviolet rays that can damage your corneas and cause eye-related diseases like cataracts with **fully-covered UV protection** on your eyewear.
- Excessive blue light exposure indoors from digital screens and fluorescent lighting may contribute to digital eye strain. Ask your VSP network provider for tips to help reduce exposure.



Visit [vsp.com/eye-doctor](https://vsp.com/eye-doctor) or call **866.240.8420** to find a VSP network provider near you. With thousands of choices, getting the most out of your benefits is easy at a VSP Premier Edge™ location including private practice doctors!

To learn about your privacy rights and how your protected health information may be used, see the VSP Notice of Privacy Practices on [vsp.com](https://vsp.com).

Classification: Restricted  
©2023 Vision Service Plan. All rights reserved.  
VSP, WellVision Exam, and "See Well. Be Well." are registered trademarks, and VSP Premier Edge is a trademark of Vision Service Plan. All other brands or marks are the property of their respective owners. 118743 VCCM

**vsp**  
vision care

MS 00  
PO Box 997100  
Sacramento, CA 95899-7100



**First Last Name**  
Address  
Address