Minutes of the Benefits Committee Meeting Tuesday, April 18, 2023

#### TRUSTEES PRESENT

Mr. Osa Tui, Chairperson (via video conference)
Mr. Wesley Machida, Vice Chairperson (via video conference)
Mr. Christian Fern (via video conference)

Mr. Roderick Becker (via video conference)

Ms. Audrey Hidano

Mr. Damien Elefante (via video conference, joined at 9:20 a.m.)

Mr. Robert Yu (excused at 10:30 a.m.)

#### TRUSTEES ABSENT

Mr. James Wataru

# **ATTORNEY**

Mr. Michael Chambrella, Deputy Attorney General

## **EUTF STAFF**

Mr. Derek Mizuno, Administrator Ms. Linda Green (via video conference)

Ms. Desiree Yamauchi Ms. Lara Nitta

## CONSULTANTS (via video conference)

Ms. Diane Clausen, PSGMr. Stephen Murphy, SegalMr. Dwight Davis, PSGMs. Lynn Smith, PSGMs. Sarah Gunderson, SegalMs. Baelee Zeiher, Segal

Mr. Brian Maas, PSG

## OTHERS PRESENT (via video conference or teleconference)

Ms. Sandra Benevides, CVS Ms. Monica Kim, VSP Ms. Maricel Blackwell, HMSA Ms. Alyson Kusatsu, HMSA Ms. Tammi Bongoll, Kaiser Ms. Joey Lee, HDS Ms. Richelle Cardwell, HMSA Mr. Chris Letoto, HMSA Dr. Christopher Miura, Kaiser Mr. Su Chai, Kaiser Ms. Joy Narciso, HMSA Ms. Erin Dey, Humana Ms. Kjirsten Elsner, Securian Mr. Kurt Neuenfeld, CVS Mr. Thomas England, Kaiser Dr. Rodd Takiguchi, Kaiser Ms. Elaine Fujiwara, HDS Mr. Guy Tingey, CVS Mr. Trov Tomita, Kaiser Ms. Samantha Furutani, CVS Ms. Anne VanHaaren, CVS Ms. Reyna Galinato, HMSA Dr. Rupal Gohil, HMSA Mr. Isaac Yuen, HMSA

Mr. Galen Haneda, HMSA Anonymous (x2)

Ms. Vanelle Hirayasu, HMA

## I. CALL TO ORDER

The meeting of the Benefits Committee of the Hawaii Employer-Union Health Benefits Trust Fund (EUTF) was called to order at 9:00 a.m. by Trustee Osa Tui, Chairperson, in the EUTF Board Room, 201 Merchant Street, Suite 1700, Honolulu, Hawaii, on Tuesday, April 18, 2023.

# II. REVIEW OF MINUTES – February 7, 2023

The Benefits Committee reviewed the draft minutes of February 7, 2023.

MOTION was made and seconded to approve the minutes of February 7, 2023, as circulated.

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(Ferguson-Miyamoto/Yu) The motion passed unanimously. (Employer Trustees-4/ Employee-Beneficiary Trustees-3)

# III. NEW BUSINESS

A. PSG Semi-Annual Utilization Report for the period ending December 31, 2022 Mr. Brian Maas, PSG, and Mr. Derek Mizuno presented prescription drug plan reports for the six months ended for EUTF active plans and 12 months ended for retiree plans noting claim trends per member per month (PMPM) of 3.2% actives, 14.9% non-Medicare retirees and 7.9% EGWP. Specialty and diabetes claims trends continue to be areas of concern that PSG is watching.

Trustee Damien Elefante joined the meeting at 9:20 a.m., during PSG's presentation.

B. PSG Retiree Annual Report for the period ending December 31, 2022 Ms. Clausen informed the Board that the report was not ready yet. The Trustees questioned the delay. Mr. Derek Mizuno informed the Board that the required deadline is referenced in the contract, and performance guarantee penalties would be assessed if the report is not provided by April 30<sup>th</sup>.

# C. PSG Prescription Drug Plan Changes

Mr. Maas presented a recommendation to adopt CVS' new utilization management (UM) strategy to ensure that EUTF active employees and non-Medicare retirees (effective July 1, 2023) are using GLP-1s (e.g. Ozempic, Rybelsus – oral form of Ozempic, Trulicity, Victoza, Mounjaro) for diabetes (as FDA-approved) rather than weight loss. The EUTF plans currently cover FDA-approved weight loss drugs such as Wegovy (same active ingredient as Ozempic and Rybelsus) and Saxenda (same active ingredient as Victoza) as long as the member is 1) considered obese based on their body mass index (BMI) or overweight based on their BMI with other chronic conditions and 2) has participated in a weight loss management program. The UM strategy includes smart logic that would look back two years for either:

- 1. A diagnosis of diabetes, or
- 2. A 30-day prescription of a diabetes drug (e.g. metformin) other than the requested drug or diabetic supply (e.g. test strips).

Members who do not pass the smart logic will be required to obtain prior authorization and have their physician confirm a diagnosis of diabetes for the GLP-1 drug to be covered by the plan. CVS estimated that approximately 500 EUTF active employees and non-Medicare retirees would require the physician confirmation. There is a \$30 fee per prior authorization review.

Trustee Christian Fern voiced his concern about the EUTF and CVS not allowing coverage for a medication prescribed by the member's physician. Trustee Robert Yu noted that this utilization management program is a control to ensure that prescription drugs are prescribed appropriately. The Committee asked what HMSA is doing for their book of business. Mr. Christopher Letoto, HMSA, informed the Committee that HMSA is currently monitoring physician prescribing behavior of these GLP-1s for weight loss and working with physicians to minimize such instances.

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MOTION was made and seconded to recommend to the Board addition of the CVS GLP-1 Agonist utilization management rule for EUTF active and non-Medicare retiree CVS prescription drug plans effective July 1, 2023. (Yu/Ferguson-Miyamoto) The motion failed. (Employer Trustees-5 YES Becker, Elefante, Hidano, Machida, Yu/Employee-Beneficiary Trustees-2 YES Ferguson-Miyamoto, Tui, 1 NO Fern)

- D. PSG Update on COVID-19 Coverage under the Prescription Drug Plans Ms. Diane Clausen, PSG, provided an update on the impact on the EUTF prescription drug plans of the public health emergency ending on May 11, 2023.
- E. Segal Update on COVID-19 Coverage under the Medical Plans Mr. Steve Murphy, Segal Consulting, provided an update on the impact on the EUTF medical plans of the public health emergency ending on May 11, 2023.
- F. HMSA Disease Management/Integrated Health Management Annual Improvement Plan Update

Mr. Chris Letoto, Dr. Rupal Gohil, Ms. Maricel Blackwell, Ms. Joy Narciso, and Ms. Alyson Kusatsu, HMSA, provided a status update on progress and strategies related to disease management and integrated health management improvements plans related to the following areas:

- 1. Preventive care visits
- 2. Advance care directives
- 3. Diabetes prevalence
- 4. Obesity prevalence
- 5. Cancer screenings
- 6. Hypertension control
- 7. Model of Care participation and graduation rates

Trustee Robert Yu was excused from the meeting at 10:30 a.m., during HMSA's presentation.

G. Kaiser Permanente Disease Management/Integrated Health Management Annual Improvement Plan Update

Dr. Chris Miura, Kaiser Permanente, provided a status update on progress and strategies related to disease management and integrated health management improvements plans related to the following areas:

- 1. Diabetes control
- 2. Hypertension control
- 3. Obesity prevalence
- 4. PCP linking
- 5. Advance care planning

# IV. NEXT MEETING DATE – May 15, 2023

Mr. Mizuno noted that the next meeting is scheduled for May 16, 2023. The next meeting agenda will include the HMSA, Kaiser Permanente, Segal, HDS and VSP utilization reports;

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the Segal retiree annual report for the period ending December 31, 2022; and retiree plan changes effective January 1, 2024.

# V. ADJOURNMENT

MOTION was made and seconded to adjourn the meeting at 11:08 a.m. (Ferguson-Miyamoto/Hidano) The motion passed unanimously. (Employer Trustees-4/ Employee-Beneficiary Trustees-3)

Respectfully submitted,	
/s/	
Osa Tui, Chairperson	

APPROVED on May 16, 2023.

# Documents Distributed:

- 1. Draft Benefits Committee Minutes of February 7, 2023. (3 pages)
- 2. EUTF, Non-Medicare Retirement Plan, PSG Smart Spend Report, prepared by PSG, dated April 18, 2023, Redacted Version. (31 pages)
- 3. EUTF, CY 2022 EUTF EGWP Retiree Plan, PSG Smart Spend Report, prepared by PSG, dated April 18, 2023, Redacted Version. (31 pages)
- 4. EUTF, EUTF Active Plan, PSG Smart Spend Report, prepared by PSG, dated April 18, 2023, Redacted Version. (34 pages)
- 5. Memorandum to Benefits Committee from Program Specialist, regarding CVS/SilverScript Utilization Reports ending December 31, 2022, dated April 12, 2023, Redacted Version. (11 pages)
- 6. EUTF, EUTF Active and Non-Medicare Retiree plans, Pharmacy Benefit Change(s) for Consideration & Adoption, prepared by PSG, dated April 18, 2023, Redacted Version. (16 pages)
- 7. Memorandum to EUTF Board of Trustees from PSG, regarding COVID-19 Update, dated April 18, 2023. (2 pages)
- 8. Memorandum to EUTF Board of Trustees from Segal Consulting, regarding End of the Public Health Emergency, dated April 12, 2023. (3 pages)
- 9. EUTF Disease Management/Integrated Health Management (DMI/IHM) Improvement Plan Updates, 4-Year Plan Annual Updates, January 1, 2021 December 31, 2024, Baseline measurement period: 1/1/20-12/31/20, prepared by HMSA, dated April 18, 2023. Redacted Version. (32 pages)
- 10. Disease Management/Integrated Health Management Improvement Plan, Annual Update, Baseline: Measurement Period 1/1/2020-12/31/2020, Year 1 Update Period: 1/1/2021-12/31/2021, prepared by Kaiser Permanente, dated April 18, 2023. (7 pages)