

Manage your health online anytime

At **kp.org**, it's simple to connect to great health and great care. Check out all the time-saving tools and resources you get as a member.

Download the Kaiser Permanente app

Managing your health online has never been more convenient. Whether you're at home or on the go, the Kaiser Permanente app gives you a simple, secure way to keep up with your care.

Register to get started – it's easy!



Register today to access all these convenient features. Just go to **kp.org/register** or scan the QR code and follow the sign-on instructions. Be sure to have your health/medical record number handy.

Sign on to kp.org anytime to:¹

- Schedule in-person, phone, and video appointments
- Email your care team
- View most test results
- Refill most prescriptions
- Pay bills and estimate costs
- Print vaccination records for school or sports
- Check your plan's benefits and view claims
- Manage a family member's health care²

¹These features are available when you get care at Kaiser Permanente facilities.

²Due to privacy laws, certain features may not be available if they're being accessed on behalf of a child younger than 18. Your child's physician may also be prevented from giving you certain information without your child's consent.

Step 1:

Go to **kp.org/registernow**

Click on "Create my account."

Create your kp.org account

Choose how you'd like to continue creating an account

Create an account for myself

Create an account to be a caregiver

[Learn more about receiving care](#)

[Learn more about being a caregiver](#)

Step 2:

Enter your plan information

Select your region. Then, enter the medical/health record number printed on your ID card name and birth date.

First, tell us a little about yourself

SELECT YOUR AREA OF CARE

Choose region

HEALTH/MEDICAL RECORD NUMBER (MRN)

Do you have your MRN?

FIRST NAME

LAST NAME

DATE OF BIRTH

Step 3:

Accept the terms and conditions



I have read and agree to the entire Terms and Conditions for use of this website, and I have reviewed the Privacy Statement for this website.

Step 4:

Create your user ID

Choose a user ID and enter your email address. After you're registered, you'll use this ID to sign on to **kp.org**.

Now, let's set your account details

USER ID

User ID can be 6 to 50 characters long. Don't use your Medical Record number (MRN), spaces, or punctuation marks, except for @ - .

EMAIL ADDRESS

Why we need your email address

Set account details

Step 5:

Secure your account

Complete the security steps online. After answering a few questions to confirm your identity, you'll create a password and pick 3 secret questions to help keep your account secure.

Help us confirm your identity

LAST 4 DIGITS OF YOUR SSN

I don't have a Social Security number.

Is your current address on ALAKAWA ST?

- ☐ Yes, that's my address.
☐ No, that's my old address.
☐ No, I never lived at that address.

The next step is timed, and you'll be allowed 90 seconds to answer each identity confirmation question. If you are blind or have low vision, you can [confirm your identity using an alternate method](#).

Continue

That's it! As soon as you have your password, you can sign on and start using all the great members-only features of **kp.org**.