



Kaiser Permanente's 4-Week Challenge



373 Registered Participants



22 State and County Agencies



233 Employees Formed 34 teams

Top 5 Departments	Program Highlights	Gift Card Winners
<ol style="list-style-type: none"> Human Services Education County of Hawaii (Tie) City & County of Honolulu (Tie) Attorney General 	<p>255 participants met their overall challenge goal!</p> <p>281 employees (76%) logged activity in all 4 weeks of the challenge.</p>	<p>Gail Canales - County of Kauai</p> <p>Madalyn Linegar - Human Services</p> <p>Joel Weaver - Univ. of Hawaii</p> <p>Kelton Cheney - Legislature</p> <p>Lynette Zakabi - Education</p> <p>Shari Wilson - Attorney General</p> <p>Stephen Hall - County of Kauai</p>

What participants liked about the challenge:

- "Fun way to challenge myself to exercise."
- "Doing the challenge with co-workers."
- "A great and fun challenge that kept me motivated to achieve 10K steps each day."
- "Loved how the teams across the state of Hawaii come together towards a common goal of celebrating healthy habits."

