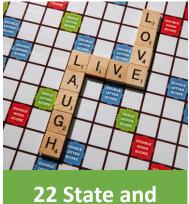


Kaiser Permanente's 4-Week Challenge





373 Registered Participants



County Agencies



233 Employees Formed 34 teams

Gifit Card

Winners

- County of Kauai

Madalyn Linegar

- Human Services

- Univ. of Hawaii

Kelton Cheney

Lynette Zakabi

Gail Canales

Joel Weaver

- Legislature

- Education

Shari Wilson

Stephen Hall

- Attorney General

- County of Kauai

Top 5 Departments

- 1. Human Services
- 2. Education
- 3. County of Hawaii (Tie)
- 3. City & County of Honolulu (Tie)
- 5. Attorney General

Program Highlights

255 participants met their overall challenge goal!

281 employees (76%) logged activity in all 4 weeks of the challenge.

What participants liked about the challenge:

- "Fun way to challenge myself to exercise."
- "Doing the challenge with co-workers."
- "A great and fun challenge that kept me motivated to achieve 10K steps each day."
- "Loved how the teams across the state of Hawaii come together towards a common goal of celebrating healthy habits."





