

Smile strong, live long.

A visit to the dentist can prevent tooth decay, gum disease, and other issues. Learn more about the benefits of maintaining a healthy smile.



Your smile deserves the best care.



A HEALTHY SMILE IS KEY TO GOOD OVERALL HEALTH.

Does a strong smile really lend to a longer, healthy life? Yes! Prioritizing smile care is paramount for fostering overall health and longevity. Beyond just cosmetic concerns, maintaining good oral health directly impacts one's overall well-being.

Research shows a strong connection between oral health and systemic health, with poor oral hygiene linked to various chronic conditions such as heart disease, diabetes, and respiratory infections. By taking proactive measures such as semi-annual visits to the dentist, brushing twice a day, flossing daily, and maintaining a balanced diet, you can mitigate the risk of developing these health issues later in life.

Follow routine dental care instructions after a major dental procedure.

Routine dental care after various procedures like crowns, root canals, or extractions is crucial because your teeth and tissues may be more susceptible to damage or infection. Be sure to follow your dentist's instructions for keeping the affected area clean and keep your dentist informed of any severe pain or infection that develops.

See your dentist twice a year for an exam and cleaning. It's covered!

Did you know your EUTF plan with HDS covers semi-annual exams and cleanings at 100%? Take advantage of your dental plan and schedule a visit with your dentist today.

Questions? Contact Us.

Call (808) 529-9310 or toll-free at 1-866-702-3883, Monday through Friday, 7:30 AM to 6 PM. Access your account online at HawaiiDentalService.com/EUTF.

