

# Hello Health

## webinar series

FOR EUTF MEMBERS



## SEE YOUR PCP AND GET A CHANCE TO WIN \$1,500

When you prioritize your well-being, you're on the winning path to better health. Plan to visit your primary care provider (PCP) every year, even if you don't feel sick. Seeing your PCP for preventive care is the best self-care strategy.

In this workshop, learn more about your annual evaluation with your PCP, benefits of My Account, and details on how you can be entered to win \$1,500.

Register today!

**REGISTER NOW**

**WEDNESDAY, JULY 10  
11:30AM-NOON**

[To test your device for Webex, click here.](#)

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[Click here to watch recorded webinars at your convenience.](#)

Additional information for City and County of Honolulu employees:  
The information provided in this flyer is from the EUTF. City computers may be used to participate in EUTF webinars.  
Participation is voluntary and is to be done on the employee's own time.

Attend a webinar and be entered to win an HMSA prize pack.

[Click here for Official Rules.](#)

