

Attention Kaiser Permanente members:

Earn rewards for completing digital health programs



Earn up to \$100 by meeting your wellness goals

Ready to make a healthy change? You and your spouse/domestic partner can earn up to \$100 each in rewards cards by completing these activities:



Take the Total Health Assessment

Do this simple online survey and earn \$25 in rewards. With the Total Health Assessment, you can:

- Get a personalized action plan
- Learn more about your health



Complete up to 3 healthy lifestyle programs

Take up to 3 online health programs for up to \$75 in rewards. They can help you:

- Lose weight
- Quit tobacco
- Reduce stress
- Eat healthier

Start earning your rewards today!

Scan the code or visit kp.org/eutf, then click on "Reap the Rewards".



You are responsible for any taxes that may be due on the amounts received. Please talk to your personal tax adviser for specific tax information about this reward.

For questions or to check on your rewards status, contact Kaiser Permanente Rewards Member Services at **1-866-300-9867** or email RewardsCustomerService@kp.org. Please provide your name, a brief statement of your question or issue, your group name ("Employer-Union Health Benefits Trust Fund") and your daytime phone number.

The rewards program runs from July 1 to June 30 each contract year and is open to all Kaiser Permanente EUTF subscribers and your enrolled spouse/domestic partner, 18 years old and older, **except for retirees and those enrolled in the HSTA VB Plan**. You can only earn up to \$100 per contract period. You must complete the activities during the contract year. Rewards will be issued 4 to 6 weeks after you complete your activity. Rewards cards expire 12 months after activation.