Minutes of the Benefits Committee Meeting Monday, August 19, 2024

#### TRUSTEES PRESENT

Mr. Wesley Machida, Vice Chairperson Ms. Maureen Wakuzawa

Ms. Jacqueline Ferguson-Miyamoto Mr. Robert Yu

Mr. Christian Fern

TRUSTEES ABSENT

Mr. Osa Tui, Chairperson Mr. James Wataru Ms. Audrey Hidano Mr. Ryan Yamane

Ms. Sabrina Nasir

**ATTORNEY** 

Mr. Michael Chambrella, Deputy Attorney General (via video conference)

**EUTF STAFF** 

Mr. Derek Mizuno, Administrator Mr. Marvin Judd Ms. Desiree Yamauchi Ms. Lara Nitta

**CONSULTANTS** 

Ms. Shelley Chun, Segal Consulting (via video conference) Mr. Stephen Murphy, Segal Consulting

Ms. Mary Fedor, Segal Consulting

OTHERS PRESENT (via video conference or teleconference, unless otherwise noted)

Mr. Blaise Aquino, HMSA Ms. Eryn Lin, HMSA

Ms. Stacia Baek, HDS Ms. Moana Masaniai, HMSA Ms. Sandra Benevides, CVS Ms. Denise Mercil, Securian

Ms. Tammi Bongoll, Kaiser (in person)

Dr. Christopher Miura, Kaiser (in person)

Ms. Maricel Blackwell, HMSA (in person)

Mr. Kurt Neuenfeld, CVS

Mr. Ty Bowers, CVS
Mr. Ezra Ng, HMSA
Ms. Melaca Cannella, CVS (in person)
Mr. Nathan Reeves, CVS
Mr. Francis Cuenca, CVS
Mr. Francis Cuenca, CVS
Mr. Jeff Dragsten, CVS (in person)
Mr. Thomas England, Kaiser
Dr. Jeff Tom, HMSA (in person)
Dr. Rupal Gohil, HMSA
Mr. Troy Tomita, Kaiser (in person)

Mr. Dale Goya, HMSA

Ms. Anne VanHaaren, CVS

Mr. Galen Haneda, HMSA (in person)

Ms. Monica Kim, VSP Ms. Jana Young, HMSA Ms. Meagan Kini-Ho, HMSA Mr. Isaac Yuen, HMSA

Ms. Allison Krepp, CVS Anonymous

Mr. Chris Letoto, HMSA (in person)

#### I. CALL TO ORDER

The meeting of the Benefits Committee of the Hawaii Employer-Union Health Benefits Trust Fund (EUTF) was called to order at 9:00 a.m. by Trustee Wesley Machida, Vice Chairperson, in the EUTF Board Room, 201 Merchant Street, Suite 1700, Honolulu, Hawaii, on Monday, August 19, 2024.

### II. REVIEW OF MINUTES – May 21, 2024

The Benefits Committee reviewed the draft minutes of May 21, 2024. Since there were no

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edits or objections by the Trustees, the minutes stand approved.

## III. NEW BUSINESS

# A. Kaiser Permanente Senior Advantage Plan Change

Mr. Troy Tomita introduced Mr. Ed Chan, Kaiser Permanente Hawaii's President. Mr. Tomita informed the Committee that the Inflation Reduction Act requires reduction of the calendar year maximum out-of-pocket for the EUTF and HSTA VB Kaiser Permanente Senior Advantage medical and prescription drug plans from \$8,000 to \$2,000 per person effective January 1, 2025 for Medicare Part D prescription drugs. In the past, the Benefits Committee would recommend Board approval for plan design changes to comply with federal and state laws. However, the Benefits Committee decided that such changes as determined by the carriers, the consultants and the deputy attorney general just require notice to the Committee and Board and do not require formal approval. Vice Chairperson Machida confirmed with the deputy attorney general that this practice was acceptable.

B. Kaiser Permanente Disease Management/Integrated Health Management (DM/IHM) Improvement Plan

Mr. Tomita and Dr. Christopher Miura, Kaiser Permanente, reported on Kaiser's progress and strategies to address improvement areas related to diabetes and hypertension control, obesity prevalence, primary care physician linking and advanced care planning completion.

## C. HMSA DM/IHM Improvement Plan

Mr. Chris Letoto and Ms. Maricel Blackwell, HMSA, reported on HMSA's progress and strategies to address improvement areas related to preventive care visits, advance care directives, reducing diabetes and obesity, cancer screenings and hypertension control. HMSA also presented progress related to its Model of Care programs, Complex Case Management and Conditions Care Program.

# D. HMSA Disease Management Programs

1. AccordantCare Rare Program

Mr. Jeff Dragsten and Ms. Melaca Cannella of CVS Health, HMSA's subcontractor, reported results of the second year for the actives (from January 1, 2022) and first seven months for the retirees (from January 1, 2024) of the AccordantCare Rare program that provides support for members with 19 rare conditions noting the following:

- EUTF engagement rate of 19% is comparable to HMSA's aggregate engagement rate.
- Return on investment of 1.6:1 for CY2023

Mr. Letoto reported that HMSA recently terminated the AccordantCare Rare program for their book of business. The program was showing cost savings but HMSA decided that their contract credits from CVS would be better spent on other programs that are not applicable to EUTF. In its evaluation, HMSA also determined that the AccordantCare Rare program provided cost savings for EUTF.

## 2. Virta Digital Diabetes Program

Dr. Jeff Tom, HMSA, reported early results of the Virta diabetes management program that became available in January 2024 for all EUTF HMSA members. Early results

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through July 31, 2024 are positive – 72% toward target enrollment goal, reductions in A1c and weight, and high engagement rates for those enrolled at least three months. HMSA will continue to monitor the program and report annually to the Benefits Committee.

## E. Segal Clinical Programs

Mr. Steve Murphy, Segal Consulting, presented their analysis of medical and prescription drug cost drivers and programs. In general, the EUTF plans have similar programs related to mainland counterparts. Segal and EUTF staff will continue to work with the carriers on the use of wellness credits and with HMSA and CVS on weight management programs.

# F. HMSA Payment Transformation

Mr. Letoto and Ms. Steffany Wong, HMSA, provided an update on payment transformation focusing on the following:

- 1. Background and upcoming changes
- 2. Cost and utilization
- 3. Quality of care
- 4. Member access and satisfaction
- 5. Provider satisfaction

## G. HMSA e-Consult Program

Dr. Rupal Gohil, HMSA, reported on an e-consult program for cardiology with Queen's Medical Center in which primary care physicians would consult with cardiologists via "a HIPAA compliant platform that allows two-way communication." The program realized numerous benefits such as quicker response times from specialists, lower costs to the plan and patients, less in office visits for patients and better educated primary care physicians. Due to the success of the program, the program is being expanded to allergy/immunology, rheumatology, endocrinology, neurology and pediatric oncology.

## IV. NEXT MEETING DATE – October 15, 2024

The next meeting agenda will include the CVS/SilverScript semi-annual utilization reports for the period ending June 30, 2024 and CVS prescription drug plan changes.

## V. ADJOURNMENT

MOTION was made and seconded to adjourn the meeting at 11:12 a.m. (Yu/Ferguson-Miyamoto) The motion passed unanimously. (Employer Trustees-2/Employee-Beneficiary Trustees-3)

APPROVED on October 15, 2024.

## **Documents Distributed:**

- 1. Draft Benefits Committee Minutes for May 21, 2024. (7 pages)
- 2. Memorandum to Board of Trustees from Kaiser Permanente, regarding 2025 Retiree Benefit Change, dated August 19, 2024, Redacted Version. (1 page)
- 3. Disease Management/Integrated Health Management Improvement Plan, Annual Update, Baseline: Measurement Period 1/1/2020-12/31/2020, Year 1 Update Period: 1/1/2021-12/31/2021, Year 2 Update Period: 1/1/2022-12/31/2022, prepared by Kaiser Permanente, Redacted Version. (9 pages)

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- 4. EUTF Disease Management/Integrated Health Management (DM/IHM) Improvement Plan Updates, 4-Year Plan Annual Updates, January 1, 2021-December 31, 2024, Baseline measurement period: 1/1/20-12/31/20, prepared by HMSA, dated August 19, 2024, Redacted Version. (43 pages)
- 5. Using proactive care management to improve member health and reduce costs for you with AccordantCare Rare<sup>TM</sup>, 2023 EUTF Annual Review (Jan 1-Dec 31, 2023), prepared by CVS Health, dated August 19, 2024, Redacted Version. (23 pages)
- 6. Memorandum to Board of Trustees from HMSA, regarding Accordant Care Rare Program, dated August 19, 2024. (2 pages)
- 7. HMSA EUTF Virta Program, Q2 2024 Results, prepared by HMSA, dated August 19, 2024, Redacted Version. (11 pages)
- 8. EUTF Benefits Committee Meeting, Clinical Programs Analysis, prepared by Segal Consulting, dated August 19, 2024, Redacted Version. (19 pages)
- 9. Payment Transformation Update, prepared by HMSA, dated August 19, 2024, Redacted Version. (14 pages)
- 10. Memorandum to Board of Trustees from HMSA, regarding e-Consult Program, dated August 19, 2024, Redacted Version. (2 pages)