

DELTA DENTAL

HDS
Hawaii Dental Service



Invest in your health today.



A HEALTHY SMILE SUPPORTS A HEALTHY LIFE.

A bright, strong smile is more than just a confidence booster—it's essential for your overall health. When you take care of your mouth, you're not just protecting your teeth and gums, but also your entire body.

Research has shown that poor oral health is linked to serious conditions like heart disease, stroke, and diabetes. Regular dental visits, brushing twice daily, flossing, and eating a balanced diet can help reduce your risk of these chronic health issues. Keep your smile healthy, and you'll be supporting your overall wellness for years to come.

Seal the deal and protect your teeth.

Dental sealants provide one more way to fight against cavities. This preventive step can help you avoid the much higher cost of fillings or crowns that may be needed if you develop tooth decay. Both children and adults who don't already have tooth decay or fillings in their molars can get sealants. Talk with your dentist about when you or your children should get sealants.

See your dentist twice a year for an exam and cleaning. It's covered!

Did you know your EUTF plan with HDS covers semi-annual exams and cleanings at 100%? Take advantage of your dental plan and schedule a visit with your dentist today.

Need help finding a dentist?

Find an HDS participating dentist at HawaiiDentalService.com/EUTF. Click "Find a Dentist" and search for nearby dentists by zip code or island name. Select a dentist and call the number provided to schedule an appointment.

Questions? Contact Us.

Call (808) 529-9310 or toll-free at 1-866- 02-3883, Monday through Friday, 7:30 AM to 6 PM. Access your account online at HawaiiDentalService.com/EUTF.

