



Ready to make healthy changes?

Earn up to \$100 in rewards by completing online activities to support your wellness goals.

Earn rewards for completing digital health programs, including the Total Health Assessment and healthy lifestyle programs. Start earning your rewards today at webmdhealth.com/kp.

Take the total health assessment

Do this simple 10-minute online survey and earn \$25 in rewards.
With the Total Health Assessment, you can:

- Get a personalized action plan
- Learn more about your health

Complete up to 3 healthy lifestyle programs

Take up to 3 online health programs for up to \$75 in rewards.
They can help you:

- Live a more balanced life
- Eat healthier
- Reduce stress
- Provide work/life balance
- And more!

You are responsible for any taxes that may be due on the amounts received. Please talk to your personal tax adviser for specific tax information about this reward.

For questions or to check on your rewards status, contact Kaiser Permanente Rewards Member Services at **1-866-300-9867** or email **RewardsCustomerService@kp.org**. Please provide your name, a brief statement of your question or issue, your group name ("Employer-Union Health Benefits Trust Fund") and your daytime phone number.

The rewards program runs from July 1 to June 30 each contract year and is open to all Kaiser Permanente EUTF subscribers and your enrolled spouse/domestic partner, 18 years old and older, **except for retirees and those enrolled in the HSTA VB Plan**. You can only earn up to \$100 per contract period. You must complete the activities during the contract year. Rewards will be issued 4 to 6 weeks after you complete your activity. Rewards cards expire 12 months after activation.

Scan the code or visit
webmdhealth.com/kp
to start earning your
rewards today



KAISER PERMANENTE®

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