

EUTF January Webinar

Enter to
win a \$100
gift card*



[CLICK HERE](#) to access the recorded webinar

Fitness Your Way

Join our webinar and find creative ways to move more for better health and practice strategies to fit movement into your busy day.



**Thursday, January 15, 2026
11:30 a.m. to 12:15 p.m.**

Scan the code or
[CLICK HERE](#) to register

Attend or watch the webinar recording and be entered to win a \$100 VISA Gift Card*
Contact healthandwell-being@kp.org for the official rules.

- Medicare, Medicaid (QUEST Integration), and Federal Employees Health Benefits (FEHB) Program members are not eligible for the \$100 VISA Gift Card sweepstakes.

Additional information for City and County of Honolulu employees: The information provided on this flyer is from EUTF City computers may now be used to participate in the EUTF webinars. Participation is voluntary and is to be done on the employee's own time.

EUTF webinars are open to retirees and all employees regardless of medical plan affiliation.

