

# EUTF Health Education Session

## Moving from Burnout to Brilliance

[Click here](#) to access the recorded webinar on the EUTF website

Join our webinar and discover how workplace culture, connection, compassion, and taking small steps to practice self-care may reduce burnout and increase motivation.



Tuesday, May 12, 2026  
11:30 a.m. to 12:15 p.m.

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Contact [healthandwell-being@kp.org](mailto:healthandwell-being@kp.org) for the official rules.

\* Medicare, Medicaid (QUEST Integration), Federal Employees Health Benefits (FEHB) Program, and Postal Service Health Benefits (PSHB) Program members are not eligible for the \$100 VISA Gift Card sweepstakes.

**Additional information for City and County of Honolulu employees:** The information provided on this flyer is from EUTF. City computers may now be used to participate in the EUTF webinars. Participation is voluntary and is to be done on the employee's own time.

EUTF webinars are open to retirees and all employees regardless of medical plan affiliation.

[kp.org/eutf](http://kp.org/eutf)

